

(本试剂盒仅供体外研究使用, 不用于临床诊断!)

## 睾酮 (Testosterone) 使用说明书

T(Testosterone) ELISA Kit

产品货号: E-EL-0155c

96T

使用前请仔细阅读说明书。如果有任何问题, 请通过以下方式联系我们:

销售部电话 027-65022280, 027-87854967

技术部电话 027-87526315

电子邮箱 (销售) [Perry@elabscience.cn](mailto:Perry@elabscience.cn)

电子邮箱 (技术) [techsupport@elabscience.cn](mailto:techsupport@elabscience.cn)

QQ 客服 800110755

网址 [www.elabscience.cn](http://www.elabscience.cn)

联系时请提供产品货号(见试剂盒标签), 以便我们更高效地为您服务

## 用途

该试剂盒用于体外定量检测血清、血浆、尿液、唾液中 T 浓度，其余样本类型检测请咨询技术支持。

## 灵敏度、检测范围、特异性和重复性

- 灵敏度：0.17ng/mL
- 检测范围：0.31-20ng/mL
- 特异性：可检测样本中的 T,且与其它结构类似物无明显交叉反应。
- 重复性：板内，板间变异系数均<10%。

## 背景介绍

睾酮是一种发现于人类和其他动物的性激素，主要由男性睾丸分泌，女性卵巢也可以产生睾酮，但是分泌量很低。睾酮于青春期开始显著增加，30岁左右则会逐渐降低。睾酮多跟性冲动相关联，因此在精子产生过程中睾酮起着十分重要的作用。它还会影响骨骼和肌肉的质量、男人体内脂肪储存的方式、红细胞的产生、情绪变化等。此外，睾酮也被作为药物来治疗男性睾酮过少或未自然产生、某一类型的乳腺癌和变性男人的性别烦躁，这种方式被称为激素替代疗法或者睾酮替代疗法，能维持血清睾酮水平落在正常范围内。

## 检测原理

本试剂盒采用竞争 ELISA 法。将 T 抗原包被于酶标板上，实验时样品或标准品中的 T 与包被的 T 竞争生物素标记的抗 T 单抗上的结合位点，游离的成分被洗去。加入辣根过氧化物酶标记的亲合素，生物素与亲合素特异性结合而形成免疫复合物，游离的成分被洗去。加入显色底物(TMB)，TMB 在辣根过氧化物酶的催化下呈现蓝色，加终止液后变成黄色。在酶标仪 450nm 波长处测 OD 值，T 浓度与 OD<sub>450</sub> 值之间呈反比，通过绘制标准曲线计算出样品中 T 的浓度。

## 试剂盒组成及保存

未拆封的试剂盒可在4℃保存一周；如果一周以后才使用试剂盒，请拆开试剂盒按照下表中的条件分别保存各组分。

中文名称	规格	保存条件
ELISA 酶标板 Micro ELISA Plate	8 孔×12 条	
冻干标准品 Reference Standard	2 支	-20℃, 可存放 6 个月
浓缩生物素化抗体(100×) Concentrated Biotinylated Detection Ab(100×)	1 支 120μL	
浓缩 HRP 酶结合物(100×) Concentrated HRP Conjugate(100×)	1 支 120μL	
标准品&样品稀释液 Reference Standard & Sample Diluent	1 瓶 20mL	4℃,可存放 6 个月
生物素化抗体稀释液 Biotinylated Detection Ab Diluent	1 瓶 14mL	
酶结合物稀释液 HRP Conjugate Diluent	1 瓶 14mL	
浓缩洗涤液 Concentrated Wash Buffer	1 瓶 30mL	
底物溶液(TMB) Substrate Reagent	1 瓶 10mL	4℃(避光)
反应终止液 Stop Solution	1 瓶 10mL	4℃
封板覆膜 Plate Sealer	5 张	
产品说明书 Manual	1 份	
质检报告 Certificate of Analysis	1 份	

说明：所有试剂瓶盖须旋紧以防止蒸发和微生物的污染。

试剂体积以实际发货版说明书为准。相关试剂在分装时会比标签上标明的体积稍多一些，请在使用时量取而非直接倒出。

## 试验所需自备物品

1. 酶标仪(450nm波长滤光片)
2. 高精度移液器，EP管及一次性吸头：0.5-10μL, 2-20μL, 20-200μL, 200-1000μL
3. 37℃恒温箱，双蒸水或去离子水
4. 吸水纸

## 注意事项

1. 试验中请穿着实验服并戴乳胶手套做好防护工作。特别是检测血液或者其他体液样品时，请按国家生物实验室安全防护条例执行。
2. 刚开启的酶标板孔中可能会有少许水样物质，此为正常现象，不会对实验结果造成任何影响。暂时不用的板条应拆卸后放入备用铝箔袋，按照上述表格中保存条件存放。
3. 请勿重复使用已稀释过的标准品、生物素化抗体工作液、酶结合物工作液。未用完的没有稀释的浓缩生物素化抗体(100×)、浓缩HRP酶结合物(100×)、酶标板及其他原液按照上述表格中保存条件存放。
4. 检测使用的酶标仪需要安装能检测450±10nm波长的滤光片，光密度范围在0-3.5之间。
5. 不同批号的试剂盒组份不能混用(洗涤液和反应终止液除外)。
6. 试验中所用的EP管和吸头均为一次性使用，严禁混用。

## 样品收集方法

(具体处理方法可参考官网：<http://www.elabscience.cn>)

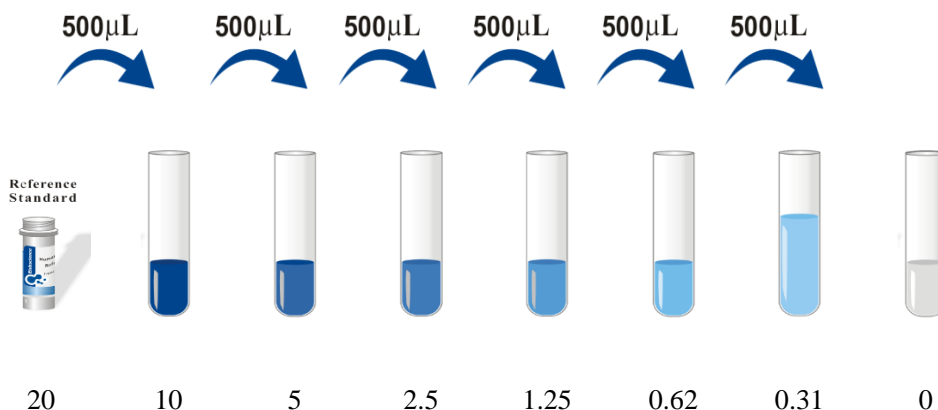
1. 血清：全血样品于室温放置2小时或4℃过夜后于1000×g离心20分钟，取上清即可检测，收集血液的试管应为一次性的无内毒素试管。
2. 血浆：抗凝剂推荐使用EDTA-Na<sub>2</sub>，样品采集后30分钟内于1000×g离心15分钟，取上清即可检测。避免使用溶血，高血脂样品。
3. 尿液：使用无菌容器收集尿液样本。在2-8℃下，1000×g离心15分钟以去除杂质，取上清即可检测。
4. 唾液：收集样本后，在2-8℃下，4000×g离心10分钟以去除杂质，取上清即可检测。建议使用新鲜的唾液样本检测。

## 样品注意事项

1. 样品收集后若在1周内进行检测的可保存于4℃，若不能及时检测，请按一次使用量分装，冻存于-20℃(1个月内检测)，或-80℃(3个月内检测)，避免反复冻融。
2. 试剂盒检测范围不等同于样本的浓度范围，如果您的样品中检测物浓度高于标准品最高值，请根据实际情况，做适当倍数稀释(建议查阅文献后先做预实验，以确定稀释倍数)。
3. 人来源样本：血清、血浆、唾液建议原液检测，尿液建议稀释10倍左右进行检测。
4. 大小鼠、鸡、猪、羊、牛来源的血清、血浆样本建议原液检测。

### 检测前准备工作:

1. 提前20分钟从冰箱中取出试剂盒，平衡至室温。提前15分钟打开酶标仪预热。
2. **洗涤液**：将**浓缩洗涤液**用双蒸水稀释(1:24)。提示：从冰箱中取出的浓缩洗涤液可能有结晶，属于正常现象，可用40℃水浴微加热使结晶完全溶解后再配制洗涤液。当日使用。
3. **标准品工作液**：将**标准品**于10000×g离心1分钟，加入**标准品&样品稀释液**1.0mL至冻干标准品中，旋紧管盖，静置10分钟，上下颠倒数次，待其充分溶解后，轻轻混匀，配成20ng/mL的标准品工作液。然后根据需要进行倍比稀释。建议配制成以下浓度：20、10、5、2.5、1.25、0.62、0.31、0ng/mL。倍比稀释方法：取7支EP管，每管中加入500uL**标准品&样品稀释液**，从20ng/mL的标准品工作液中吸取500uL到其中一支EP管中混匀配成10ng/mL的标准品工作液，按此步骤往后依次吸取混匀。如下图。提示：最后一管直接作为空白孔，不需要再从倒数第二管中吸取液体。



4. **生物素化抗体工作液**：实验前计算当次实验所需用量(以50µL/孔计算)，实际配制时应多配制100-200µL。使用前15分钟，以**生物素化抗体稀释液**将**100×浓缩生物素化抗体**稀释成1×工作浓度。当日使用。
5. **酶结合物工作液**：实验前计算当次实验所需用量(以100µL/孔计算)，实际配制时应多配制100-200µL。使用前15分钟，以**酶结合物稀释液**将**100×浓缩HRP酶结合物**稀释成1×工作浓度。当日使用。

### 操作步骤(操作一览表见第 10 页)

1. 将**标准品工作液**依次加入到前两列孔中, 每个浓度的工作液并列加两孔, 每孔 50 $\mu$ L。待测样品加入到其他孔, 每孔 50 $\mu$ L(若样本浓度高于检测范围, 需用标准品&样本稀释液稀释后取样)。立即每孔加入配好的**生物素化抗体工作液** 50 $\mu$ L。给酶标板覆膜, 37 $^{\circ}$ C 孵育 45 分钟。提示: 加样时将样品加于酶标板底部, 尽量不触及孔壁, 轻轻晃动混匀, 避免产生气泡。加样时间宜控制在 10 分钟内。
2. 甩尽孔内液体, 每孔加**洗涤液** 350 $\mu$ L, 浸泡 1-2 分钟, 吸去或甩掉酶标板内的液体, 在厚的吸水纸上拍干。重复此洗板步骤 3 次。提示: 此处与其他洗板步骤都可用洗板机。
3. 每孔加**酶结合物工作液** 100 $\mu$ L, 加上覆膜, 37 $^{\circ}$ C 温育 30 分钟。
4. 弃去孔内液体, 甩干, 洗板 5 次, 方法同步骤 2。
5. 每孔加**底物溶液(TMB)**90 $\mu$ L, 酶标板加上覆膜 37 $^{\circ}$ C 避光孵育 15 分钟左右。提示: 根据实际显色情况酌情缩短或延长, 但不可超过 30 分钟。当标准孔出现明显梯度时, 即可终止。
6. 每孔加**终止液** 50 $\mu$ L, 终止反应。提示: 终止液的加入顺序应尽量与底物溶液的加入顺序相同。
7. 立即用酶标仪在 450nm 波长测量各孔的光密度(OD 值)。

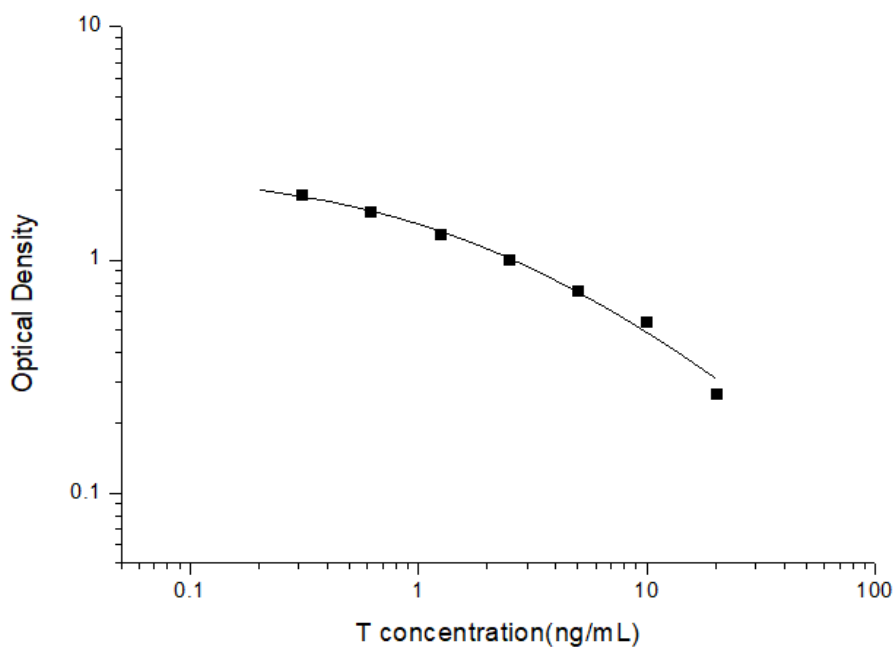
## 结果判断

1. 计算每组复孔的平均OD值。以浓度为横坐标，OD值为纵坐标，在双对数坐标纸上绘出四参数逻辑函数的标准曲线。若样品OD值低于标准曲线下限，应适当稀释后重测。

## 典型数据

以下数据和曲线仅供参考，实验者需根据自己的实验建立标准曲线。

Concentration(ng/mL)	20	10	5	2.5	1.25	0.62	0.31	0
OD	0.269	0.545	0.740	1.006	1.299	1.608	1.919	2.426



## 样本测值

样本类型	种属样本检测浓度变化范围 (ng/mL)						
	人	雌性大鼠	雌性小鼠	鸡	猪	羊	牛
血清(n=10)	1.43-9.69	4.97-6.58	0.36-0.62	4.61-8.45	0.75-1.99	0.94-2.72	0.85-1.00
血浆 (EDTA)(n=10)	0.69-8.05	1.01-1.08	检测不出	1.51-2.53	0.30-0.97	0.77-3.73	0.83-1.44
尿液(n=5)	3.88-21.05	-	-	-	-	-	-
唾液(n=5)	0.84-1.67	-	-	-	-	-	-

以上样本检测数据均来自于正常健康样本

## 精密度

板内精密度:人低浓度样本,中浓度样本和高浓度样本分别在1块板子上检测20次。板间精密度:人低浓度样本,中浓度样本和高浓度样本分别在3块板子上检测20次。

样本	批内变异系数			批间变异系数		
	1	2	3	1	2	3
数量	20	20	20	20	20	20
平均值(ng/mL)	1.33	5.22	10.88	1.54	5.73	10.02
标准差	0.11	0.35	0.46	0.14	0.35	0.68
变异系数(%)	8.13	6.72	4.27	9.23	6.18	6.75

## 回收率

分别往5个人源样本中添加已知浓度的T, 做回收实验, 得出回收率范围和平均回收率

样本类型	回收率范围 (%)	平均回收率 (%)
血清(n=5)	80-90	84
血浆(EDTA)(n=5)	82-94	87
尿液(n=5)	85-102	95

## 线性

分别往5个人源样本中添加已知浓度的T, 做回收实验, 得出回收率范围及平均回收率。将5个样本分别稀释2倍, 4倍, 8倍, 16倍做回收实验, 得出回收率范围及平均回收率。

		血清(n=5)	血浆(EDTA)(n=5)	尿液(n=5)
1:2	回收率范围(%)	83-90	88-108	85-101
	平均回收率(%)	85	96	93
1:4	回收率范围(%)	80-95	87-95	80-102
	平均回收率(%)	88	89	92
1:8	回收率范围(%)	89-100	82-89	83-96
	平均回收率(%)	93	86	88
1:16	回收率范围(%)	87-115	87-105	84-99
	平均回收率(%)	97	98	87



## 问题分析

若实验效果不好，请及时对显色结果拍照，保存实验数据，保留所用板条及未使用试剂，然后联系我公司技术支持为您解决问题。同时您也可以参考以下资料：

问题描述	可能原因	相应对策
标准曲线梯度差	吸液或加液不准	检查移液器及吸头
	标准品稀释不正确	溶解标准品时稍微旋转瓶身，轻轻混匀使粉末完全溶解
	洗涤不完全	保证洗涤时间和洗涤次数及每孔的加液量
显色很弱或无色	孵育时间太短	保证充足的孵育时间
	实验温度不正确	使用推荐的实验温度
	试剂体积不够或漏加	检查吸液及加液过程，保证所有试剂按顺序足量添加
	稀释不正确	
酶标记物失活或底物失效	混合酶结合物和底物，通过迅速显色来检查判断	
读数数值低	酶标仪设置不正确	在酶标仪上检查波长及滤光片设置
		提前打开酶标仪预热
变异系数大	加液不正确	检查加液情况
背景值高	检测抗体的工作浓度过高	使用推荐的稀释倍数
	酶标板洗涤不完全	保证每步清洗完全；如果用自动洗板机，请检查所有的出口是否有堵塞；是否使用试剂盒配备的洗涤液
	洗液有污染	配制新鲜的洗液
灵敏度低	ELISA 试剂盒保存不当	按说明书要求保存相关试剂
	读数前未终止	OD 读数前应在每孔中加入终止液

## 操作概要

1. 在各孔中加入标准品或样品各 50 $\mu$ L,立即加入 50 $\mu$ L 生物素化抗体工作液, 37 $^{\circ}$ C 孵育 45 分钟

2. 洗涤 3 次

3. 加入 100 $\mu$ L 酶结合物工作液, 37 $^{\circ}$ C 孵育 30 分钟

4. 洗涤 5 次

5. 加入 90 $\mu$ L 底物溶液, 37 $^{\circ}$ C 孵育 15 分钟左右

6. 加入 50 $\mu$ L 终止液, 立即在 450nm 波长处测量 OD 值

7. 结果计算

## 声明

1. 限于现有条件及科学技术水平,尚不能对所有原料进行全面的鉴定分析,本产品可能存在一定的质量技术风险。
2. 最终的实验结果与试剂的有效性、实验者的相关操作以及当时的实验环境密切相关,请务必准备充足的待测样品。
3. 为了达到好的实验结果,请只使用 Elabscience 试剂盒内提供的试剂,不要混用其他制造商的产品,严格按照说明书操作。
4. 由于操作过程中试剂制备以及酶标仪参数设置不正确,可能导致结果异常,实验前请仔细阅读说明书并调整好仪器。
5. 即使是相同人员操作也可能在两次独立实验中得到不同的结果,为保证结果的重现性,需要控制实验过程中每一步的操作。
6. 试剂盒发货前会经过严格的质检,然而,因为运输条件、实验设备差异等等因素影响,用户检测结果可能跟出厂数据不一致。不同批次间试剂盒间的差异也可能来自上述原因。
7. 试剂盒有效期: 6 个月。

## **T(Testosterone) ELISA Kit**

Catalog No: E-EL-0155c

96T

### **Intended use**

This ELISA kit applies to the in vitro quantitative determination of T concentrations in serum, plasma, urine and saliva. Please contact tech-support for other sample type detection.

### **Specification**

- Sensitivity: 0.17ng/mL.
- Detection Range: 0.31-20ng/mL.
- Specificity: This kit recognizes T in samples. No significant cross-reactivity or interference between T and analogues was observed.
- Repeatability: Coefficient of variation is <10%.

### **Background**

Testosterone is a hormone found in humans, as well as in other animals. The testicles primarily make testosterone in men. Women's ovaries also make testosterone, though in much smaller amounts. Testosterone production starts to increase significantly during puberty, and begins to dip after age 30 or so [1]. Testosterone is most often associated with sex drive, and plays a vital role in sperm production. But it also affects bone and muscle mass, the way men store fat in the body, and even red blood cell production. A man's testosterone levels can also affect his mood. Testosterone is used as a medication for the treatment of males with too little or no natural testosterone production, certain forms of breast cancer, and gender dysphoria in transgender men. This is known as hormone replacement therapy(HRT) or testosterone replacement therapy(TRT), which maintains serum testosterone levels in the normal range. Decline of testosterone production with age has led to interest in androgen replacement therapy [2].

1. Mooradian, A. D., Morley, J. E., & Korenman, S. G. (1987). Biological actions of androgens. *Endocrine reviews*, 8(1), 1-28.
2. Myers, J. B., & Meacham, R. B. (2003). Androgen replacement therapy in the aging male. *Reviews in urology*, 5(4), 216.

## Test principle

This ELISA kit uses the Competitive-ELISA principle. The micro ELISA plate provided in this kit has been pre-coated with T. During the reaction, T in the sample or standard competes with a fixed amount of T on the solid phase supporter for sites on the Biotinylated Detection Ab specific to T. Excess conjugate and unbound sample or standard are washed from the plate, and Avidin conjugated to Horseradish Peroxidase (HRP) are added to each microplate well and incubated. Then a TMB substrate solution is added to each well. The enzyme-substrate reaction is terminated by the addition of stop solution and the color change is measured spectrophotometrically at a wavelength of  $450 \text{ nm} \pm 2 \text{ nm}$ . The concentration of T in the samples is then determined by comparing the OD of the samples to the standard curve.

## Kit components & Storage

An unopened kit can be stored at  $4^{\circ}\text{C}$  for 1 week. If the kit is not used within 1 week, store the items separately according to the following conditions since the kit is received.

Item	Specifications	Storage
Micro ELISA Plate (Dismountable)	8 wells $\times$ 12 strips	$-20^{\circ}\text{C}$ , 6 months
Reference Standard	2 vials	
Concentrated Biotinylated Detection Ab (100 $\times$ )	1 vial, 120 $\mu\text{L}$	
Concentrated HRP Conjugate (100 $\times$ )	1 vial, 120 $\mu\text{L}$	$-20^{\circ}\text{C}$ (shading light), 6 months
Reference Standard & Sample Diluent	1 vial, 20 mL	$4^{\circ}\text{C}$ , 6 months
Biotinylated Detection Ab Diluent	1 vial, 14 mL	
HRP Conjugate Diluent	1 vial, 14 mL	
Concentrated Wash Buffer (25 $\times$ )	1 vial, 30 mL	
Substrate Reagent	1 vial, 10 mL	$4^{\circ}\text{C}$ (shading light)
Stop Solution	1 vial, 10 mL	$4^{\circ}\text{C}$
Plate Sealer	5 pieces	
Product Description	1 copy	
Certificate of Analysis	1 copy	

Note: All reagent bottle caps must be tightened to prevent evaporation and microbial pollution.

The volume of reagents in partial shipments is a little more than the volume marked on the label, please use accurate measuring equipment instead of directly pouring.

### **Other supplies required**

Microplate reader with 450 nm wavelength filter

High-precision transfer pipette, EP tubes and disposable pipette tips

37°C Incubator

Deionized or distilled water

Absorbent paper

Loading slot for Wash Buffer

### **Note**

1. Please wear lab coats, eye protection and latex gloves for protection. Please perform the experiment following the national security protocols of biological laboratories, especially when detecting blood samples or other bodily fluids.
2. A freshly opened ELISA Plate may appear to have a water-like substance, which is normal and will not have any impact on the experimental results.
3. Do not reuse the diluted standard, biotinylated detection Ab working solution, concentrated HRP conjugate working solution. The unspent undiluted concentrated biotinylated detection Ab (100×) and other stock solutions should be stored according to the storage conditions in the above table.
4. The microplate reader should be able to be installed with a filter that can detect the wave length at  $450 \pm 10$  nm. The optical density should be within 0~3.5.
5. Do not mix or use components from other lots.
6. Change pipette tips in between adding of each standard level, between sample adding and between reagent adding. Also, use separate reservoirs for each reagent.

### **Sample collection**

**Serum:** Allow samples to clot for 2 hours at room temperature or overnight at 4°C before centrifugation for 20 min at 1000×g at 2-8°C. Collect the supernatant to carry out the assay. Blood collection tubes should be disposable and be non-endotoxin.

**Plasma:** Collect plasma using EDTA-Na<sub>2</sub> as anticoagulant. Centrifuge samples for 15 min at 1000×g at 2-8°C within 30 min of collection. Collect the supernatant to carry out the assay. Hemolysed samples are not suitable for ELISA assay!

**Urine:** Use a sterile container to collect urine samples. Remove particulates by centrifugation for 15 minutes at 1000×g at 2-8 °C. Collect the supernatant to carry out the assay.

**Saliva:** Remove particulates by centrifugation for 10 minutes at 4000×g at 2-8 °C. Collect the supernatant to carry out the assay. Recommend to use fresh saliva samples.

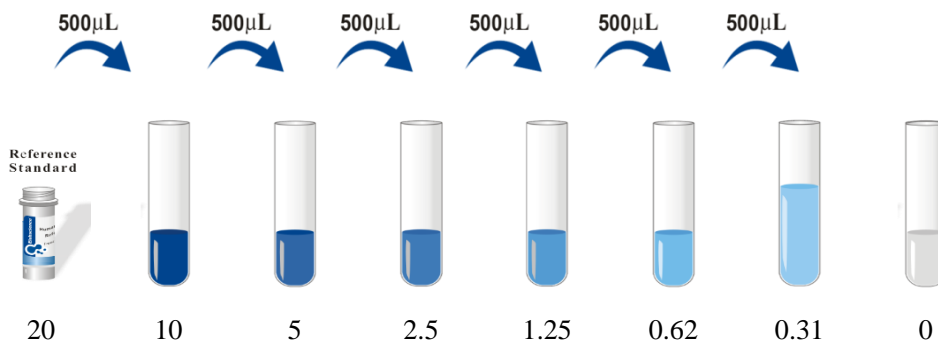
### **Note for sample:**

1. Samples should be assayed within 7 days when stored at 4°C, otherwise samples must be divided up and stored at -20°C (≤1 month) or -80°C (≤3 months). Avoid repeated freeze-thaw cycles.
2. Please predict the concentration before assaying. If the sample concentration is not within the range of the standard curve, users must determine the optimal sample dilutions for their particular experiments.
3. It is recommended to do the experiment with undiluted human serum, plasma and saliva samples, urine samples diluted at about 10 fold.
4. It is recommended to do the experiment with undiluted serum and plasma samples from mouse, rat, chicken, porcine, bovine and sheep.

## Reagent preparation

1. Bring all reagents to room temperature (18~25°C) before use. Preheat microplate reader for 15 min before OD measurement.
2. **Wash Buffer:** Dilute 30 mL of Concentrated Wash Buffer with 720 mL of deionized or distilled water to prepare 750 mL of Wash Buffer. Note: if crystals have formed in the concentrate, warm it in a 40°C water bath and mix it gently until the crystals have completely dissolved.
3. **Standard working solution:** Centrifuge the standard at 10,000×g for 1min. Add 1.0mL of Reference Standard & Sample Diluent, let it stand for 10min and invert it gently several times. After it dissolves fully, mix it thoroughly with a pipette. This reconstitution produces a working solution of 20 ng/mL. Then make serial dilutions as needed. The recommended dilution gradient is as follows: 20, 10, 5, 2.5, 1.25, 0.62, 0.31, 0 ng/mL.

Dilution method: Take 7 EP tubes, add 500uL of Reference Standard & Sample Diluent to each tube. Pipette 500uL of the 20 ng/mL working solution to the first tube and mix up to produce a 10 ng/mL working solution. Pipette 500uL of the solution from the former tube to the latter one according to this step. The illustration below is for reference. Note: the last tube is regarded as a blank. Don't pipette solution into it from the former tube.



4. **Biotinylated Detection Ab working solution:** Calculate the required amount before the experiment (50μL/well). In preparation, slightly more than calculated should be prepared. Centrifuge the stock tube before use, dilute the 100× Concentrated Biotinylated Detection Ab to 1×working solution with Biotinylated Detection Ab Diluent.
5. **Concentrated HRP Conjugate working solution:** Calculate the required amount before the experiment (100μL/well). In preparation, slightly more than calculated should be prepared. Centrifuge the stock tube before use, dilute the 100×Concentrated HRP Conjugate to 1×working solution with Concentrated HRP Conjugate Diluent.

**Assay procedure** (A brief assay procedure is on the 21<sup>th</sup> page)

1. Add the **Standard working solution** to the first two columns: Each concentration of the solution is added in duplicate, to one well each, side by side(50 uL for each well). Add the samples to the other wells(50 uL for each well). Immediately add 50  $\mu$ L of **Biotinylated Detection Ab working solution** to each well. Cover the plate with the sealer provided in the kit. Incubate for 45 min at 37 $^{\circ}$ C. Note: solutions should be added to the bottom of the micro ELISA plate well, avoid touching the inside wall and causing foaming as much as possible.
2. Aspirate or decant the solution from each well, add 350 uL of **wash buffer** to each well. Soak for 1~2 min and aspirate or decant the solution from each well and pat it dry against clean absorbent paper. Repeat this wash step 3 times. Note: a microplate washer can be used in this step and other wash steps.
3. Add 100  $\mu$ L of **HRP Conjugate working solution** to each well. Cover with the Plate sealer. Incubate for 30 min at 37  $^{\circ}$ C.
4. Aspirate or decant the solution from each well, repeat the wash process for five times as conducted in step 2.
5. Add 90  $\mu$ L of **Substrate Reagent** to each well. Cover with a new plate sealer. Incubate for about 15 min at 37  $^{\circ}$ C. Protect the plate from light. Note: the reaction time can be shortened or extended according to the actual color change, but not more than 30min.
6. Add 50  $\mu$ L of **Stop Solution** to each well. Note: Adding the stop solution should be done in the same order as the substrate solution.
7. Determine the optical density (OD value) of each well at once with a micro-plate reader set to 450 nm.



## Calculation of results

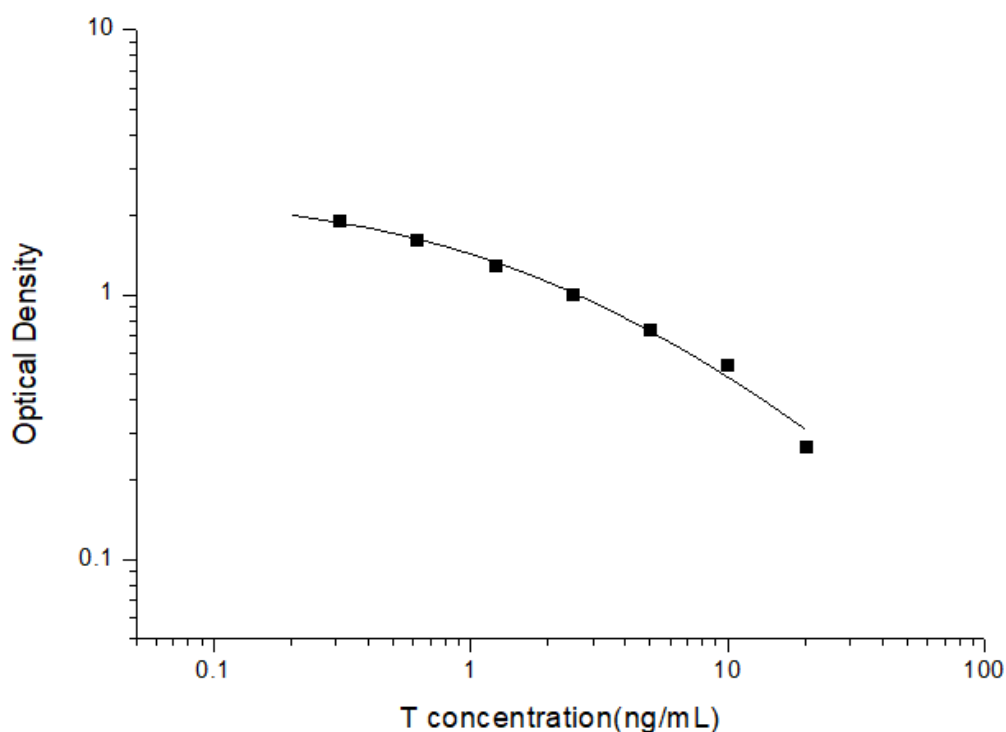
Average the duplicate readings for each standard and samples. Plot a four-parameter logistic curve on log-log graph paper, with standard concentration on the x-axis and OD values on the y-axis.

If the samples have been diluted, the concentration calculated from the standard curve must be multiplied by the dilution factor. If the OD of the sample is under the lowest limit of the standard curve, you should re-test it with an appropriate dilution. The actual concentration is the calculated concentration multiplied by the dilution factor.

## Typical data

As the OD values of the standard curve may vary according to the conditions of the actual assay performance (e.g. operator, pipetting technique, washing technique or temperature effects), the operator should establish a standard curve for each test. Typical standard curve and data is provided below for reference only.

Concentration(ng/mL)	20	10	5	2.5	1.25	0.62	0.31	0
OD	0.269	0.545	0.740	1.006	1.299	1.608	1.919	2.426



## Reference values

Samples from different species were evaluated for the presence of T in this assay.

Sample type	Reference range of T in different species(ng/mL)						
	Human	Female Rat	Female Mouse	Chicken	Porcine	Sheep	Cattle
Serum(n=10)	1.43-9.69	4.97-6.58	0.36-0.62	4.61-8.45	0.75-1.99	0.94-2.72	0.85-1.00
Plasma(EDTA)(n=10)	0.69-8.05	1.01-1.08	ND	1.51-2.53	0.30-0.97	0.77-3.73	0.83-1.44
Urine(n=5)	3.88-21.05	-	-	-	-	-	-
Saliva(n=5)	0.84-1.67	-	-	-	-	-	-

The above values were all from normal healthy samples.

## Precision

Intra-assay Precision (Precision within an assay): 3 human samples with low, mid range and high level T were tested 20 times on one plate, respectively.

Inter-assay Precision (Precision between assays): 3 human samples with low, mid range and high level T were tested on 3 different plates, 20 replicates in each plate.

Sample	Intra-assay Precision			Inter-assay Precision		
	1	2	3	1	2	3
n	20	20	20	20	20	20
Mean(ng/mL)	1.33	5.22	10.88	1.54	5.73	10.02
Standard deviation	0.11	0.35	0.46	0.14	0.35	0.68
CV(%)	8.13	6.72	4.27	9.23	6.18	6.75

**Recovery**

The recovery of T spiked at three different levels in human samples throughout the range of the assay was evaluated in various matrices.

Sample Type	Range (%)	Average Recovery (%)
Serum(n=5)	80-90	84
EDTA plasma(n=5)	82-94	87
Urine(n=5)	85-102	95

**Linearity**

Human Samples were spiked with high concentrations of T and diluted with Reference Standard & Sample Diluent to produce samples with values within the range of the assay.

		Serum(n=5)	Plasma (EDTA)(n=5)	Urine (n=5)
1:2	Range (%)	83-90	88-108	85-101
	Average (%)	85	96	93
1:4	Range (%)	80-95	87-95	80-102
	Average (%)	88	89	92
1:8	Range (%)	89-100	82-89	83-96
	Average (%)	93	86	88
1:16	Range (%)	87-115	87-105	84-99
	Average (%)	97	98	87

**Troubleshooting**

<b>Problem</b>	<b>Causes</b>	<b>Solutions</b>
Poor standard curve	Inaccurate pipetting	Check pipettes.
	Improper standard dilution	Ensure briefly spin the vial of standard and dissolve the powder thoroughly by gentle mixing.
	Wells are not completely aspirated	Completely aspirate wells in between steps.
Low signal	Insufficient incubation time	Ensure sufficient incubation time.
	Incorrect assay temperature	Use recommended incubation temperature. Bring substrate to room temperature before use.
	Inadequate reagent volumes	Check pipettes and ensure correct preparation.
	Improper dilution	
	HRP conjugate inactive or TMB failure	Mix HRP conjugate and TMB, rapid coloring.
Deep color but low value	Plate reader setting is not optimal	Verify the wavelength and filter setting on the Microplate reader.
		Open the Microplate Reader ahead to pre-heat.
Large CV	Inaccurate pipetting	Check pipettes.
High background	Concentration of target protein is too high	Use recommended dilution factor.
	Plate is insufficiently washed	Review the manual for proper wash. If using a plate washer, check that all ports are unobstructed.
	Contaminated wash buffer	Prepare fresh wash buffer.
Low sensitivity	Improper storage of the ELISA kit	All the reagents should be stored according to the instructions.
	Stop solution is not added	Stop solution should be added to each well before measurement.

## **SUMMARY**

1. Add 50  $\mu$ L standard or sample to each well. Immediately add 50  $\mu$ L Biotinylated Detection Ab to each well. Incubate for 45 min at 37°C

2. Aspirate and wash 3 times

3. Add 100  $\mu$ L HRP Conjugate to each well. Incubate for 30 min at 37°C

4. Aspirate and wash 5 times

5. Add 90  $\mu$ L Substrate Reagent. Incubate 15 min at 37°C

6. Add 50  $\mu$ L Stop Solution. Read at 450nm immediately.

7. Calculation of results.

## **Declaration**

1. Limited by current conditions and scientific technology, we can't conduct comprehensive identification and analysis on all the raw material provided. So there might be some qualitative and technical risks for users using the kit.
2. The final experimental results will be closely related to the validity of products, operational skills of the operators and the experimental environments. Please make sure that sufficient samples are available.
3. To get the best results, please only use the reagents supplied by the manufacturer and strictly comply with the instructions!
4. Incorrect results may occur because of incorrect operations during the reagents preparation and loading, as well as incorrect parameter settings of the Micro-plate reader. Please read the instructions carefully and adjust the instrument prior to the experiment.
5. Even the same operator might get different results in two separate experiments. In order to get reproducible results, the operation of every step in the assay should be controlled.
6. Every kit has strictly passed QC test. However, results from end users might be inconsistent with our data due to some variables such as transportation conditions, different lab equipments, and so on. Intra-assay variance among kits from different batches might arise from the above reasons, too.
7. Valid period: 6 months.